OPERATION WARRIOR RESOLUTION (OWR)

QEEG Brain Map Research Conducted by Dr. George Rozelle MindSpa Integrative Wellness Center

The Methodology: Brain Based Healing

Brain-based healing is a methodology to resolve trauma. It is based on the latest research in neuroscience with an emphasis on service members not having to relive or re-experience distressing emotions. It involves brain optimization and reprocessing, so that the brain responds in the most ideal way possible. Brain-based healing resolves trauma and post-traumatic stress in around one to three sessions.

How OWR uses it to resolve trauma for military service members:

Brain-based healing establishes the root cause or origin of the problem, and uses neuroplasticity (the ability for the brain to reorganize neural pathways and form new connections) to resolve the issue. Scientific advances have shown that memory is not stable and fixed, but rather flexible and adaptable. Brain-based healing is also a very gentle, light and uplifting process. The Practitioner is very interactive, and is the one who guides and facilitates the session. Through this experiential process, transformative healing takes place for service members.

- **1 U.S. Navy Veteran, Retired:** Reports state that this veteran was locked into the trauma, and post-testing revealed remarkable response to treatment. After five days at the Tactical Healing retreat and two sessions of brain-based healing, brain connectivity normalized extremely well. Veteran reports, "The experience was awesome and I have no emotion attached when thinking about the trauma."
- **U.S. Navy SEAL Veteran:** Reports indicate that trauma has been resolved after five days at the Tactical Healing retreat and two sessions of brain-based healing. Veteran reports, "I feel great and no longer bothered by the PTSD."
- **U.S. Army Veteran:** Reports indicate that trauma was expressed as depression; no signs of depression in the brain after one session of brain-based healing. Veteran reports, "treatment was amazingly successful.
- 4 U.S. Air Force Veteran, Special Operations Command:
 Reports indicate that the brain has resumed connectivity and returned back to normal functioning after five days at the Tactical Healing retreat and two sessions of brain-based healing. Veteran reports, "the experience was awesome and I was struck by how calm I was when asked to recall the trauma. I even remained calm when I had more clarity of the details without the emotional component."

