**OUR MISSION** is to transform veterans to health and wholeness. We provide innovative, holistic methods to alleviate post-traumatic stress, anxiety, and depression for veterans and their family members. OWR helps veterans optimize brain functioning to restore warriors with hope and purpose again.

**OWR LEADERSHIP**

Kendra Simpkins, President and Chief Executive Officer

Kendra is the founder and CEO of Operation Warrior Resolution. She served in the U.S. Army as an Intelligence Analyst, and after being honorably discharged in 2010, she was determined to ensure that the best treatment options were available for her fellow veterans. She received her Master’s of Science in Social Work from Columbia University in New York, graduating magna cum laude. Soon after, she founded Operation Warrior Resolution, making it one of the leading providers of veteran mental health care in Sarasota and Manatee County. Kendra is highly respected and considered an innovator in the field of veteran’s mental health. She’s a subject-matter expert in the area of combat-related trauma, PTSD, military and veteran transition, neuroscience, global health practices, and wellness program development. Kendra is also one of only a few people worldwide to be certified by Dr. Joe Dispenza as a corporate trainer on teaching individuals how to use the latest in neuroscience research to create real change in their lives. She is bringing together her experience and knowledge for veterans to have a cutting-edge program for long-term, sustainable change in their mental health.

**2021 - A YEAR OF BRIDGING THE GAP**

As COVID-19 went into its second year, mental health issues continued to rise, and the sudden military departure of Afghanistan left service members in shock and in need of immediate support. With the help of the community and local foundations, OWR was able to add new programs and meet the need to serve more veterans who were suffering. As a result, OWR brought in all most three times more funding than in 2020, served twice as many veterans and family members, and created several new program offerings.

Despite the obstacles and immense need from many veterans, our mission, vision and values remain strong. In 2022, we were graciously provided a grant from the Barancik Foundation to add more treatment practitioners to our team and train them to provide cutting edge therapy to alleviate trauma and optimize brain functioning.

Thank you for being a part of our OWR community and supporting military service members and their families with healing, at no cost to them. Together we will achieve our vision of bringing the number of veterans suicides to zero—transforming them to health and wholeness.

**BRAIN MAP RESEARCH**

Supports Our Success & Impact

Dr. George Rozelle of MindSpa Integrative Wellness Center conducted before-and-after brain maps with retreat participants. The brain map before the veteran enters the retreat indicates that the brain is highly activated when the trauma is recalled. The brain map after the retreat, just five days later, indicates that the brain no longer has a post traumatic response when the trauma is recalled. The veteran’s brain physiologically changed and functioning significantly improved, overall increasing the quality of life in all areas of the veteran’s life.

**RESPONSE TO AFGHANISTAN**

Both military and civilians were affected by the events in Afghanistan. Our service members were left feeling a range of emotions from anger and sadness to fear and guilt, bringing up memories of past traumas and causing service members to wonder if it was all worth their sacrifices. When OWR saw the military community struggling with the turn of events in Afghanistan, OWR strengthened forces to meet that need. We were there to support the veterans who were already a part of OWR, and we brought in additional practitioners to serve other veterans reaching out due to challenging world events.

“Thank you, I could never even come close to repaying what OWR has done for my family. My wife is so happy to see me pain free and clear thinking.” Rick Brown, Navy SEAL
**RAPID RESOLUTION THERAPY (RRT)**
- 340 RRT Sessions
- 149 Veterans & Family Received Therapy
- 22 Children Received RRT

**VETERANS RETREATS**
- 20 Days Of Retreats
- 4 Veterans Retreats
- 3 Male Retreats
- 1 Female Retreat

**COMBAT CONSCIOUS YOGA**
- 93 Free Yoga Classes For Veterans & Their Families

**EQUINE THERAPY**
- 18 Veterans Served Through 6-Week Program
- 37 Veterans Served Through Retreats

**NEW & EXPANDED PROGRAMS**
- New Weekly Equine Therapy
- New Children & Families Program
- Two more retreats provided than the previous year.
- Added three additional weekly yoga classes.

**EVENTS**
- Myakka Elephant Sanctuary, one day for veterans and another for veterans with their families.
- Visit with Legend Royce Gracie
- Earth Day Beach Clean Up
- September 11th Vigil of honor
- Veterans Day Parade
- Salute to Our Supporters Gala

“This therapy changed my life. I am so blessed to now have a way to control my pain. I am in awe how this was made possible.” L.W., Air Force Veteran
FINANCIAL UPDATE

Special thanks to the Flanzer Trust who doubled all donations up to $500 during all of 2021, and continues to match donations $5-$500. For future donations in 2022, please consider going to our donation page to have the Flanzer Trust match your donation.

Operation Warrior Resolution remains committed to complete transparency, accountability, and efficiency, adhering to the Donor Bill of Rights, and standards for charities. Operation Warrior Resolution, Inc. is a veteran-led 501(c)3 non-profit organization in the State of Florida. Federal Tax ID 82-3982294.

GRANTS, AWARDS & SPONSORS

Operation Save Our Soldiers
Charles & Margery Barancik Foundation
Green Family Foundation
100+ Women Who Care Greater Venice
Operation Kindness Florida
PGT Innovations
Plantation Community Foundation

MEDIA COVERAGE

ABC Ch.7 My Suncoast
Sarasota Herald Tribune
ABC Action News
Sarasota News Network

“I’ve been through all the VA therapies, and OWR is the only organization that said they were going to tailor a treatment that works for me. I finally feel happiness. I was going to the emergency room since 2018, I went around 20 times, for panic and anxiety. They just told me I was crazy and that there’s something seriously wrong with me. OWR didn’t tell me that. OWR told me that I was normal and what I was experiencing was normal. They also told me to do these techniques, and now I don’t have to go to the emergency room anymore. It was so easy and simple.”

– Brian Sinclair, U.S. Army