

OPERATION WARRIOR RESOLUTION (OWR)

QEEG Brain Map Research



The Methodology: The Cortina Method

The Cortina Method (TCM) is a brain-based healing methodology to resolve trauma. It utilizes a strategic protocol rooted in neuroscience for efficient outcomes with emphasis on service members NOT having to relive or reexperience distressing emotions. It involves brain optimization and reprocessing. Brain optimization is getting the brain to respond to life, in the most enticing and optimal way possible. TCM resolves trauma/PTSD in as little as a single visit.

How OWR uses it to resolve trauma for military service members:

The Cortina Method takes great care to establish root cause or origin of the problem. Neural plasticity (the ability for the brain to reorganize neural paths, connections, and functions) is facilitated at peak levels. Scientific advances have shown that memory is not stable, fixed, static, but rather labile and malleable. TCM fully engages this neuroscience revelation by updating learning or stored memory. That is where transformative healing takes place for service members. As such, it is a very gentle, light, uplifting process. The Practitioner is very active and directive with an extraordinary sense of attunement and unity with the individual they are serving.

1 U.S. Navy Veteran, Retired: Reports state that this veteran was locked into the trauma, and post-testing revealed remarkable response to treatment. After five days at the Tactical Healing retreat and two sessions of brain-based healing – TCM, brain connectivity normalized extremely well. Veteran reports, “The experience was awesome and I have no emotion attached when thinking about the trauma.”

2 U.S. Navy SEAL Veteran: Reports indicate that trauma has been resolved after five days at the Tactical Healing retreat and two sessions of TCM. Veteran reports, “I feel great and no longer bothered by the PTSD.”

3 U.S. Army Veteran: Reports indicate that trauma was expressed as depression; no signs of depression in the brain after one session of TCM. Veteran reports, “treatment was amazingly successful.”

4 U.S. Air Force Veteran, Special Operations Command: Reports indicate that the brain has resumed connectivity and returned back to normal functioning after five days at the Tactical Healing retreat and two sessions of TCM. Veteran reports, “the experience was awesome and I was struck by how calm I was when asked to recall the trauma. I even remained calm when I had more clarity of the details without the emotional component.”

